

## University Swim Club 2009 Long Course Information

USC The link for registration will be available on the USC website [www.universityswimclub.com](http://www.universityswimclub.com) on March 18<sup>th</sup>.

Program	Dates	Pool Information	Descriptions	Whole Season	Monthly Cost
USC Alumni	1/1/2009-12/31/2009	US: M-F 5:30-7:30PM Sat: 7:00-9:00AM or Mentor: M-F 7:00-8:50AM	Program for college students who swam age group swimming with USC. Swimmers signed up for this group may practice with USC during the summer and throughout the calendar year.	<b>\$275</b>	<b>\$100</b>
USC Elite (2 a day)	4/1/2009-8/14/2009	US: M-F 5:30-7:30PM Sat: 7:00-9:00AM and Mentor: M-F 7:00-8:50AM	Program for swimmers who would like the option of practicing twice a day during the LC season with Head Coach Charlie Lowmes at Mentor in the morning and US in the afternoon.	<b>\$590</b>	<b>\$155 per month</b>
USC Advanced	4/1/2009-8/14/2009	US: M-F 5:30-7:30PM Sat: 7:00-9:00AM or Mentor: M-F 7:00-8:50AM or TW: M- F 5:30-7:30PM	Program for swimmers age 13 and up who would like the option of practicing once a day at US, Twinsburg or Mentor during the LC season.	<b>\$490</b>	<b>\$130 per month</b>
USC Intermediate	4/1/2009-8/2/2009	Orange M-F 6:00-7:30PM or Mentor: M-F 7:00-8:50AM	Program for swimmers 13 and younger at the Orange High School or Mentor.	<b>\$450</b>	<b>\$123 per month</b>
Sea Lions	4/1/2009-8/2/2009	Orange M-F 6:00-7:30PM	Program for Orange residents 13 and younger at the Orange High School pool only. Registration is required through Orange and USC.	<b>\$6</b>	
Sea Cubs	4/1/2009-7/31/2009	Orange M-F 5:00-6:00PM	Program for swimmers who would like to enter USA swimming meets. Registration through Orange and USC is required.	<b>\$6</b>	
Mentor	06/01/2009-8/14/2009	Mentor: M-F 7:00-8:50AM	Add-on program only for swimmers signed up with Sea Lions and Twinsburg LC who would like the option of practicing at the 50M pool in Mentor.	<b>\$105</b>	
Twinsburg LC	4/1/2009-8/14/2009	TW: M- F 5:30-7:30PM	Program at the Twinsburg Fitness Center for swimmers of all age groups and skill levels. Main practice session from 5:30PM to 7:00PM. An optional additional half hour practice session from 7:00PM to 7:30PM will be provided for more advanced swimmers who are interested.	<b>Fitness Member- \$310 Residents- \$375 Non-resident- \$450</b>	<b>Fitness Member- \$88 Residents- \$104 Non-resident- \$123</b>